

Manual Order Form

PLEASE PRINT THIS FORM, complete it, and post it with your cheque or credit card details to: **Healthy Options Ltd, PO Box 13209, Tauranga 3141.**



ALL PRICES ARE QUOTED IN NEW ZEALAND DOLLARS. Postage is inclusive.

Is this a renewal of an existing subscription?

Please use the price column appropriate for your location.

Description	Copies	NZ (NZ\$)	Australia (NZ\$)	O/Seas (NZ\$)	Total NZ\$
Magazine - Healthnews issue 1 (Beat those winter blues)		\$6.00	\$9.00	\$9.00	
Magazine - Healthnews issue 2 (Food combinations that heal)		\$6.00	\$9.00	\$9.00	
Magazine - Healthnews issue 3 (Body and skin care)		\$6.00	\$9.00	\$9.00	
Magazine - Healthnews issue 4 (Food Allergies)		\$6.00	\$9.00	\$9.00	
Magazine - Healthnews issue 5 (Weight Loss)		\$6.00	\$9.00	\$9.00	
Book - Our Health at Risk		\$24.95	\$35.00	\$44.00	
Book - Can you remember what to take?		\$24.95	\$35.00	\$44.00	
Booklet - Green Home		\$7.95	\$11.00	\$11.00	
Booklet - Kitchen Cupboard Remedies		\$4.95	\$8.00	\$8.00	
Healthy Options latest issue		\$6.50	\$8.00	\$8.50	
Rainbow News latest issue		\$6.50	\$8.00	\$8.50	
TOTAL NZ\$					\$

RECIPIENT DETAILS:

Name: _____
 Postal Address: _____
 E-mail: _____ Phone: _____

If this order is a gift to the person above, please state your contact details below:

Name: _____
 Postal Address: _____
 E-mail: _____ Phone: _____

If you prefer to pay by credit card, please complete this panel:

Please charge to my (circle one):
 VISA / MASTERCARD / BANKCARD

Card No.

Expiry Date:

Cardholder's Name: _____

Signature: _____

If your order includes a subscription, please indicate which month you would like your subscription to commence with:
